

# PSALMS OF LENT | Psalm 130

## STEPPING INTO FULL LIGHT | vs. 3-4

If you, God, kept records on wrongdoings,  
who would stand a chance?  
As it turns out, forgiveness is your habit,  
and that's why you're feared (revered in relationship).

## A VISION OF THE END | vs. 5-6

I pray to GOD—my life a prayer—  
and wait for what he'll say and do.  
My soul waits for the Lord,  
more than watchmen for the morning,  
more than watchmen for the morning.

## HOPE TO LIVE BY | vs. 7-8

O Israel, wait and watch for God—  
with God's arrival comes love,  
with God's arrival comes generous redemption.  
No doubt about it—he'll redeem Israel,  
buy back Israel from captivity to sin.

## INSTRUCTIONS

- 1) Use verses 3-4 to let the Spirit lead you into the light beyond the darkness of "the old's" death. Pray them until you believe them.
- 2) Then ask the Spirit to use verses 5-6 to evoke, and bring to mind an image, feeling, or memory of life beyond the end of the old that is a life worth living into.

**Consider:** What vision of redemption, new life, is the Spirit leading you to watch, wait and hope for, and live into?

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**Candidly Pray** from the place of sight of the end.

- 3) When you are ready, let the final verses be a prayer that draws you to the table prepared for you. Allow these words be a prayer not for something future but for something already done, and so, a hope that you can live by.